

AQUATHLON COURSE



Start

End Lap 1

Finish

- Staying on footpaths at all times, follow the red line and arrows above.
- On the first lap, cross Bridge Rd with care (then Summers Ave & Watson Ave) and run down to Hookham's Corner touching the last telegraph pole before Carrington Rd.
- Return for a lap of Hornsby Park.
- On Lap 2, only run as far as Bridge Rd (don't cross).
- **HAVE FUN!!**